

The purpose of the medical is to assess workers and provide the certification required to allow them to undertake offshore work in line with current OGUK guidance.

Why is it needed?

It's a requirement that all offshore workers in the UK Oil and Gas industry should have periodic examinations by an OGUK approved physician.

The certificate provided will allow the holder to travel to and work on any installation within the UK offshore sector.

Some organisations and companies also accept this certificate for other geographical locations.

Who needs it?

All workers who intend to work offshore in the UK Oil and Gas industry.

How often is it needed?

These medicals usually take place every two years, but can be needed more often if the worker has a medical condition which could affect their ability to work offshore.

Workers may also need this medical following sickness absence due to significant injury or illness or following an emergency medical evacuation from an offshore location.

What is the process?

- The worker arrives at the centre and completes a medical screening questionnaire
- Height, weight and BMI are calculated
- Blood pressure and pulse are measured
- A hearing test takes place
- A urine sample is taken and tested for blood, glucose and ketones
- An eye test takes place which tests the workers' distance, near and colour vision

- If further tests are required such as an ECG or lung function testing then this can be arranged
- A consultation with a doctor takes place
- If the worker is a member of the emergency response team then a specific medical can be booked which involves a Chester step test to assess aerobic capacity

What is being tested?

The medical seeks to establish the worker's fitness to travel and work offshore without posing a risk to themselves.

This means meeting the following criteria:

- Fit to carry out normal working duties safely
- Fit to escape in an emergency
- Fit to take part in survival training (an EBS medical can also be booked alongside this with regards to fitness to take part in the in-water component of emergency training)
- Not be a risk to others due to a medical condition
- Not requiring ongoing medical treatment which cannot be delivered offshore
- Not taking medication which could cause side effects incompatible with the offshore location
- Not be at risk of sudden illness which requires treatment unavailable in the offshore location

For further information, or if you have any questions about the OGUK Oil and Gas Medical, please call us on 01782 574200