

OGUK Fit to Train Medical

The purpose of the medical is to assess and provide the certificate required to permit workers in the UK Oil and Gas industry to take part in wet CA-EBS training which is part of the emergency training course.

Why is it needed?

Workers who work offshore in the UK Oil and Gas industry need to undertake emergency training every 4 years.

Since 26 March 2016 this training has included in-water emergency breathing system training (wet CA-EBS).

The in-water training involves breathing compressed air from an emergency breathing system at a maximum depth of 70cm underwater.

Workers need to have a fitness to train certificate before taking part in the in-water component of the emergency training as some medical conditions could put them at risk when doing this.

The Fit to Train Medical seeks to identify these people so appropriate advice can be given.

Who needs it?

All workers in the UK Oil and Gas industry who need to attend an emergency training course.

How often is it needed?

The emergency training certificate is usually valid for four years. A medical is required prior to such a training course and this medical is therefore likely to be needed every four years.

What is the process?

The worker arrives at the centre and completes a medical screening questionnaire.

A consultation with a doctor takes place, the doctor will ask the worker about their medical history and if indicated an examination and lung function tests can be performed.

What is being tested?

The medical seeks to establish the worker's fitness to undertake the in-water component of the emergency training course without posing a risk to themselves.

It's also an opportunity for the doctor to prepare the worker for this training by letting them know what it will involve, the potential risks and how these risks are minimised

For further information, or if you have any questions about the OGUK Fit to Train Medical, please call us on 01782 574200